4-Day Hands-On Workshop: Super Resolution Microscopy: Principles & Methods

Course Schedule 2016 (Tentative)

Day 1 (March 15th)

9:00-9:15	Introduction (Jithesh Veetil)		
9:15-9:30	Program Review (Xufeng Wu)		
9:30-10:10	Perils and Pitfalls in Super-Resolution Microscopy (Hari Shroff)		
10:10-10:50	Study of focal adhesions using super resolution imaging (Clare Waterman)		
11:00 -11:45	Cell biological studies using super resolution microscopy ($\textbf{Jennifer Lippincott-Schwartz})$		
1:00 - 3:00	Hands-on session I		
3:15 – 5:15	Hands-on session II		

Day 2 (March 16th)

9:00 -9:40 SIM microscopy: theoretical basis and practical guide I (**Lin Shao**)

- Structured illumination: theory and implementation
- Image reconstruction algorithms
- Keys to a high-quality structured-illumination microscope

9:40 -10:20 STED microscopy: theoretical basis and practical guide (Chris Combs)

- Stimulated emission depletion (STED) microscopy: basics and theory
- Dyes suitable for STED imaging
- Problems associated with STED imaging
- How STED fits into the toolbox of super-resolution techniques

10:30 -11:10 PALM/dSTORM: theoretical basis and practical guide I (Kem Sochacki)

Optimizing precision and accuracy in your experiment by understanding sample preparation options.

- Brief overview of how PALM/dSTORM works
- Differences between PALM and dSTORM and choosing which to use
- Typical laser intensities during imaging
- What probes are available
- How to pick a good probe

- Optimizing dSTORM reducing buffer
- How to interpret your final image
- 11:10 -11:40 PALM/dSTORM: theoretical basis and practical guide II (Jason Yi)
 - Is your data worth fitting and reconstructing?
 - Precision and resolution

1:00 - 3:00 Hands-on session III 3:15 - 5:15 Hands-on session IV

Day 3 (March 17th)

9:00 -9:40	Advances in fluorescent protein development and application in super resolution microscopy
	(George Patterson)
9:40 -10:10	Lattice Light Sheet Microscopy for 3D live cell imaging (Wesley Legant)
10:10 -10:50	TIRF SIM (Jordan Beach and Srich Murugesan)
11:00 -11:30	Imaging Multicellular Specimens with Real-time Optimized Tiling Light Sheet Selective Plane
	Illumination Microscopy (Liang Gao)
11:30-12:00	Airyscan: Bring Super Resolution to Confocal Microscopy (Xufeng Wu)
1:00 - 3:00	Hands-on session V&VI
3:15 - 5:15	Hands-on session VII

Day 4 (March 18th)

8:30	Shuttle Bus to Advanced Imaging Center (AIC) at Janelia Farm HHMI Research Center
10:30 - 11:30	Introduction to State-of-the-Art Super Resolution Microscopes in the AIC (Leong Chew)
1:00 - 4:00	Demo of the SR Microscopes (iPALM, TIRF-SIM, Lattice Light Sheet Microscopes)
4:30	Shuttle Bus to NIH campus

TRAINING STATIONS

Station I Leica – gSTED microscope, Model # TCS SP8 Geoff Daniels	Station II GE – SIM microscope, Model # OMX V4 Katie O'Neil	Station III Nikon – STORM microscope, Model # N- STORM Eric Balzer	Station IV Zeiss – PALM microscope, Model # ELYRA Elise Shumsky Arnold, Alma	
Station V Hari Shroff LAB – Instant SIM Microscope; Hari Shroff LAB – Dual- View Plane Illumination Microscope Hari Shroff	Station VI Zeiss LSM880-Airyscan Elise Shumsky Arnold, Alma	Station VII-VIIII AIC at Janelia HHMI Rese TIRM-SIM, Lattice Light S Leong Chew	Janelia HHMI Research Campus – iPALM, SIM, Lattice Light Sheet	